

## Reflections

April 1, 2020

It's a tradition in my family to do April fool's jokes...one better than the year before. I've never really understood that tradition, doesn't quite suit my sense of humor...until today. Thank you for responding so well to my April fool's email.



This, however, is not an April fool's joke. A water pipe broke in the dining room of NPC. The cause was substandard pipes installed in the 1980s when the addition was built. I asked Michael what it would take to fix the damage, he said: "You don't want to know." Ouch.

I am full of gratefulness for our outreach trainers. One in particular, Ritta Nicoara of Rumania, sent in a beautiful meditation, *Healing Light of the Eternal Sun*. I spent a little time translating her translation of Romanian to English and came up with a script that I recorded this afternoon with the help of Patty Ray. It falls into a different genre of meditation than the one Bob used to train the participants at Monroe. Her meditation feels more like a story being read to you and you follow along. Quite unique and effective. I also kept her very clever use of wording. It isn't how I would speak. (Better in most cases.) I'm quite pleased with the result. Look for it soon. In addition to Patty Ray, Bob Holbrook and Jenny have to turn on a dime to get these out.

This Saturday the free meditation will be *Restoring Your Energy*. In it we teach people how to use the REBAL to enhance, preserve and protect your personal energy. BTW, our first two meditations have had 8466 and 4541 views. Awesome.

The first "*Salon*" with Scott will be held this Saturday. We're inviting our professional division members to join me in talking about what's happening at Monroe. It's a chance to check in with people who are sequestered as the result of Covid-19. Thank you Penny for making this happen.

We're moving along with the government reimbursement forms required by the stimulus package. Tom is on top of the payroll taxes part and Amenie is applying for forgivable SBA loans.

The roofers are on campus to redo all three roofs (NPC, DFH & Lab). Lucky there is hardly anyone on campus to hear the pounding of nails.

See...aren't you glad you're working from home?

Wash hands. Bump elbows.  
Scott